

MDCC TRIP ORGANISING AID

DATE:	GRADE:	VENUE:	ORGANISER:
ABOUT THE TRIP		GRID REF	DESCRIPTION
STARTING POINT:			
FINISHING POINT:			
STOPPING PLACES <i>(inc distance from start):</i>			
1.			
2.			
3.			
ESCAPE POINTS <i>(inc distance from start):</i>			
1.			
2.			
3.			
TOTAL DISTANCE <i>(kms):</i>		TIDAL PLANNER COMPLETED: <i>(sep. form)</i>	YES/NO
ROUTE:			
CAMPING OPTIONS: <i>(note no. tent spots)</i>			

HAZARDS:			
	WHERE	GRID REF	DESCRIPTION <i>(strength, distance etc.)</i>
TIDAL STREAMS			
HEADLANDS			
CROSSINGS <i>(inc. distance)</i>			
SHIPPING			
MILITARY EXCLUSION ZONES			
OTHER NOTABLES <i>(e.g. surf / rocky beach landings, reefs/skerries, exposure to prevailing winds, popular sailing area for regattas, etc.)</i>			

GROUP			
NUMBER IN GROUP		RATIO EXPERIENCED / LESS EXPERIENCED <i>(in context of planned trip)</i>	
CONCERNS <i>(e.g. fitness, speed)</i>		MEDICAL/HEALTH ISSUES	

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SAFETY EQUIPMENT					
	LEADER <i>yes/no</i>	OTHER GROUP MEMBERS <i>(names)</i>		LEADER <i>yes/no</i>	OTHER GROUP MEMBERS <i>(names)</i>
EMERGENCY SIGNALLING <i>*= one of each per group strongly advised</i>					
VHF RADIO*			WHISTLE*		
PHONE*			FLASH LIGHT*		
PLB			LASER FLARES		
SPOT			STROBE LIGHT		
FLARES			GLOW STICKS		
GENERAL SAFETY <i>*= one of each per group strongly advised</i>					
GROUP SHELTER*			SPARE CLOTHING*		
FIRST AID KIT *			EMERGENCY FOOD/WATER*		
REPAIR KIT*			TOW LINE*		
PUMP*			SPLIT PADDLES*		
KNIFE*			MAPS /CHARTS*		
COMPASS*			SHORT TOW		
STORM CAG			FOIL BLANKET/BIVVI BAG		
STIRRUP			PADDLE FLOAT		

PRE TRIP	
CHECK WEATHER FORECAST	

ON THE BEACH ASSESSMENT	
Head count. Who turned up? Does this change the ratio?	
Check all safety equipment present.	
Any medical considerations?	
Wind speed, direction and weather now.	
Expectation of weather for the day from visual inspection.	
Forecast - matching?	
Sea state.	
All in order? Everyone happy?	
Contact coastguard and relay info. To shore contact.	
Agree on VHF radio channel for inter-group contact (ch. 9)	
Spell out first leg of journey and required group behaviour.	
Go paddling!!	

SHORE CONTACT NAME	HOME PHONE NO.	MOBILE NO.

NOTES