Trip Planner

Trip Name & Number	
Page Number	VHF Weather
Date	Weather Forecast
Coastguard Contact	

TIDAL INFORMATION

Tidal Port	Mean Sp Range	Local Port
	Mean Np Range	

Tidal Port Tide Times (UT)	Height in Metres	Tidal Range in Metres	HW/LW	+1 Hr for BST?	Local Port HW/LW Time Difference	Local Port HW/LW	Sp or Np Tides

TIDAL STREAM TIMES

Location	Direction of Tidal Stream	Tidal Stream Time Diff.	Tidal Port HW (BST?)	Tidal Stream Start Time	Tidal Rate	Est. Max Speed

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ROUTE PLAN

	Location	Notes	ETA	ETD
Start				
1st				
2nd				
3rd				
4th				
5th				
Finish				

For further guidance on the use of this planner refer to the appendices of *Welsh Sea Kayaking* or *Scottish Sea Kayaking* or visit *www.pesdapress.com* where you can also download additional route cards in PDF format.

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